

SCOTLAND

7-11 July 2025



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Study Trip

Kollegi St. Fidelis, Stans David Fux

General Information

Tour Coordination David Fux Dominique Stehli

078 620 76 24 079 771 35 63

david.fux@kollegistans.ch dominique.stehli@kollegistans.ch

Accommodation Destiny Student (Holyrood)

31 Abbeyhill

Edinburgh Midlothian EH8 8EL

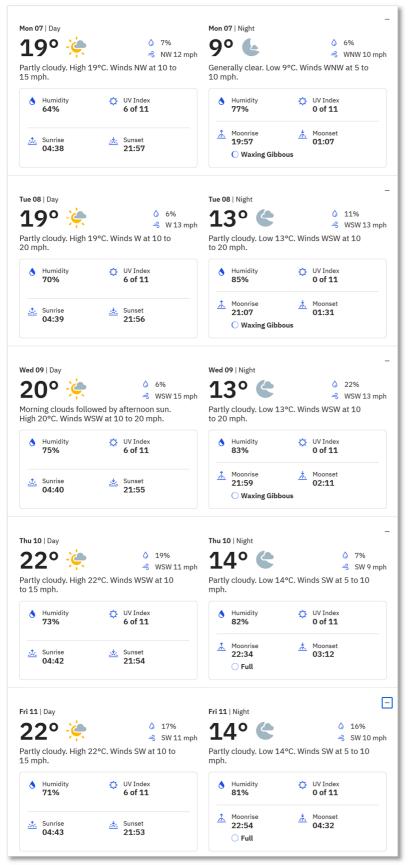
+44 7366228818

meg@destiny student.com

Participants and Rooming List

No	Room	Last Name	First Name	Class
1	Single Room	Fux	David	
2	Single Room	Stehli	Dominique	
8	6 Bed Apartment	Huser	Nicolas	5d
		Čičvara	Sebastián	5a
		Markoff	Andrin	5d
		Hofstetter	Till	5d
		Gathercole	Marc	5b
		Brinkhaus	Jan	5a
9	4 Bed apartment	Näpflin	Salvi	4a
		Zberg	David	4a
		Frank	Luis	4a
3	Twin Room Ensuite	Herr	Ferdinand	4d
		Trejo Christen	Dario	4d
4	Twin Room Ensuite	Mujic	Amar	4b
		Joller	Remo	4b
10	4 Bed Apartment	Zeier	Olivia	5d
		Wolf	Anja	5d
		Mathis	Sina	5d
		Näpflin	Carla	5c
11	4 Bed Apartment	Zumbühl	Jael	4a
		Keller	Melanie	4a
		Inderbitzin	Rebekka	4e
		Blöse	Sophie	4c
5	Twin Room Ensuite	Murer	Siria	4b
		Erni	Malin	4e
6	Twin Room Ensuite	Frank	Leonie	4b
		Schlaufer	Amy	4b

Weather Forecast



https://weather.com/en-GB/weather/tenday/l/Edinburgh+Scotland

Packing List

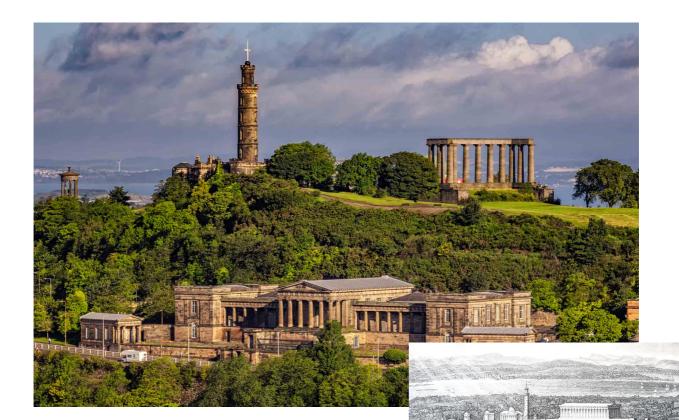
Imp	oortant Documents		
	Passport		Kollegi Student ID
Mo	ney		
	Cash in £ (British Pounds)		Debit/Credit Card
che			onday, Tuesday, and Thursday) are included. Please a Personal expenses, such as shopping or snacks, are
Lug	ggage		
	One large suitcase (max. 23 kg) included		One small cabin bag/hand luggage
be p		that	lets) are not allowed in checked luggage. These must liquids are not permitted in hand luggage when pass-100 ml, placed in a clear plastic bag).
Elec	ctronic devices		
	Mobile phone		Charging cable
	Travel adaptor (UK plug)		Hairdryer
	Headphones		
Sco	thing ttish summers are cooler and more changeablers for all weather conditions.	e tha	n in Switzerland. Please pack accordingly and bring
П	Clothing for all weather conditions	П	Walking shoes (suitable for city use)
	Rain protection (e.g. jacket, umbrella)		Sun protection (e.g. hat, sunscreen)
	Small backpack for day trips		Water bottle
	Pyjamas		
	ryjamas		Toiletries (e.g. toothbrush, toothpaste, shampoo, deodorant, hairbrush, comb, hygiene products)
	Personal medication (if needed)		Reusable bag(s) for snacks, souvenirs, or laundry
Leis	sure / Entertainment		
	Pens, pencil case		Notebook, journal
	Games (Jasskarten, Uno, etc.)		Book(s)

Day 1 – Monday, 7 July 2025

Travel itinerary

03:50	Stans, Dorfplatz	Meeting point		
04:00		Departure	Coach transfer to Basel Airport	RisiCar
c. 06:00	Basel	Arrival	Check-in, baggage drop-off, passport control, and walk to the gate	
	EuroAirport		1 large suitcase (up to 23 kg) included 1 small cabin bag/hand luggage included	
		Breakfast	Not included	
07:40		Departure	easyJet Flight EZS1231 to Edinburgh	easyJet
08:55	Edinburgh Airport	Arrival	Followed by tram transfer to Picardy Place 15 min walk to the accommodation	Trams
c. 10:30	Destiny Student, Abbeyhill	Arrival	Luggage deposit at the accommodation	Destiny
11:00	Calton Hill		Walk up to Calton Hill	
12:00	High Street	Lunch	Not included	
c. 13:30	Holyrood Palace		Visit to Holyrood Palace, the official residence of the British monarch	in Scotland
15:00	Destiny Student	Check-In	Check-in at the accommodation	
16:30	Old Town		Walk up the Royal Mile through Edinburgh's Old Town	
c. 18:00		Dinner	Included	
			Free time to explore the city	

Calton Hill – Athens of the North



Calton Hill is a volcanic hill rising beyond the eastern end of Princes Street. The hill boasts a collection of some of Edinburgh's most important monuments and offers fantastic panoramic views of the city. In the 19th century, Edinburgh was envisioned as the 'Athens of the North' and Calton Hill was considered **Edinburgh's version of the Athenian Acropolis**, complete with **classical revival architecture**.

Impression of the completed building.

The most famous monument is the **National Monument**, which looks like a Greek temple. It was built between 1822 and 1829 and was supposed to make people think of the **Parthenon of Athens**. It commemorates the victims of the Napoleonic Wars, which took place between 1803 and 1815. This monument was never completed because further funds were lacking. However, it is not seen as a failure or something shameful. It is in the Scottish character to think big and go for the great prize, even if you fail, rather than be cautious and conservative to gain the lower honour. Even in its incomplete state, it may still fulfil the original concept: a visitor would stand for a moment regarding the columns and then say, "Now, when I look at this, I don't see a bit of an old temple. I see a rank of Scottish soldiers, standing erect, ready to go into battle and do their duty", which is perhaps more fitting than a completed temple filled with dusty memorials to lost lords and forgotten politicians.

Calton Hill is home to several neoclassical structures, including the National Monument, the City Observatory, the Dugald Stewart Monument, and the Nelson Monument which was completed in 1816 to commemorate the death of Admiral Lord Nelson at the Battle of Trafalgar in 1805.

Holyrood Palace - Royal Home and a Place of Drama



The Palace of Holyroodhouse is the **official residence of the British monarch in Scotland**. Located at the bottom of the Royal Mile in Edinburgh, at the opposite end to Edinburgh Castle, Holyrood has served as the principal royal residence in Scotland since the 16th century.

In the 1500s, Holyrood Palace was damaged during attacks by English soldiers. Mary of Guise, the Queen Mother, repaired some parts, but the abbey was later ruined after the Reformation.

From 1561 to 1567, **Mary, Queen of Scots** lived at the palace. She practised archery in the gardens, hunted deer in Holyrood Park, and even had sheep looked after there. Turbulent events happened here: she married

Lord Darnley in the palace chapel, and a year later, her secretary David Rizzio was murdered right in front of her. In 1567, she married her third husband, the Earl of Bothwell, also at Holyrood.

Mary was the only surviving legitimate child of **King James V** of Scotland. She became Queen of Scotland when she was just six days old, and through her marriage to a French heir she became Queen of France when she was 16.

After she was forced to give up the throne in 1567, Mary fled to England to ask her cousin, **Queen Elizabeth I**, for help. But instead of helping her, Elizabeth had Mary put in prison. Mary was seen as a threat because some people wanted her to be Queen of



Mary Stuart, Queen of Scots (1542-1587).

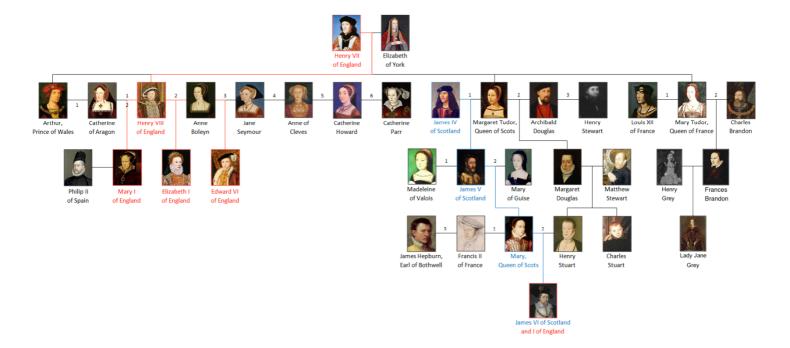
England. Mary spent 19 years in captivity. In 1586, a plan to kill Queen Elizabeth and make Mary queen was discovered. Mary was blamed for being part of it, even though it is not clear how involved she really was. In 1587, Mary was found guilty and executed. Mary requested to be buried in France, but this was refused by Elizabeth. Instead, her body was embalmed and left in a secure coffin until her burial in July 1587. In 1612 her body was exhumed, when her son King James I of England (James VI of Scotland) ordered that her body be placed in Westminster Abbey (London) opposite Elizabeth.

Mary and Elizabeth – The House of Tudor

The House of Tudor was an English and Welsh dynasty that held the throne of England from 1485 to 1603. They descended from the Tudors of Penmynydd, a Welsh noble family, and Catherine of Valois.

The Tudor monarchs ruled the Kingdom of England and the Lordship of Ireland (later the Kingdom of Ireland) for 118 years with five monarchs: **Henry VII, Henry VIII, Edward VI, Mary I and Elizabeth I**.

The Tudors succeeded the House of Plantagenet as rulers of the Kingdom of England and were succeeded by the **Scottish House of Stuart**.



Family tree of the principal members of the house of Tudor. Red text indicates Monarch of England. Blue text indicates Monarch of Scotland.

Day 2 – Tuesday, 8 July 2025

1-Day Tour
Loch Lomond, Stirling Castle & the Kelpies

	Destiny Student	Breakfast	Breakfast (included)	
08:30	Abbeyhill, Edinburgh	Departure	Passenger pick-up 1-Day Tour with Timberbush Tours www.timberbush-tours.co.uk	TIMBERBUSH TOURS
09:40	The Kelpies	Arrival	Photo stop (15 min)	
11:15	Balloch	Arrival	Loch Lomond Cruise at 11:30 (1 hour)	
13:30	Aberfoyle	Lunch	Not included	
14:30		Departure	Travel over the Trossachs via Duke's Pass	
15:45	Stirling Castle	Arrival	Visit (1 hour 45 min)	
17:30		Departure		
18:45	Abbeyhill, Edinburgh	Arrival	Passenger drop-off	
19:30	Edinburgh	Dinner	Included	



The Kelpies



The Helix Park is the home of The Kelpies – the largest equine sculptures in the world. Located between Falkirk and Grangemouth, the park was created as a space for the communities in the Falkirk area to come together.

Standing at 100ft (30m) tall and weighing more than 300 tonnes each, the magical Kelpies are a man-made wonder and a feat of engineering. The works of art, created by artist Andy Scott, have become iconic on the

landscape after being modelled on real-life icons of times gone by — Clydesdale horses Duke and Baron.

The Kelpies represent the lineage of the heavy horse of Scottish industry and economy, pulling the wagons, ploughs, barges and coalships that shaped the geographical layout of Falkirk.



Scottish sculptor Andy Scott stands with Clydesdale horses Duke and Baron in front of The Kelpies.

Loch Lomond & The Trossachs National Park



Scotland's first National Park – a place where the lowlands and highlands meet, with varied scenery of rolling lowland landscapes, tranquil lochs (= lakes) and rugged mountains in the north.

The National Park has a huge variety of wildlife and conservation projects to enhance their habitat and numbers. Loch Lomond and the Trossachs has every species of Deer to be found in Scotland - Red Deer, Fallow Deer, Sika Deer and the smallest species, Roe.

If you like variety, then Loch Lomond and the Trossachs also has Golden Eagles and the White Tailed Sea Eagle which nested on Loch Lomond for the first time in 2021. There's Ospreys, that make the trip from Africa every year to lay their eggs and raise their chicks before flying back south. There is also Red Squirrels.

For the more exotic, we have even reintroduced Beaver within the boundaries of Loch Lomond and the Trossachs plus... And you may find this hard to believe, you may even stumble upon Wallabies while in a certain part of the National Park.

Loch Lomond and the Trossachs has every species of Deer to be found in Scotland - Red Deer, Fallow Deer, Sika Deer and

the smallest species, Roe.

Stirling Castle – Power, Pride, and Scottish History



Braveheart is a 1995 American epic historical war drama film directed and produced by Mel Gibson, who portrays Scottish warrior William Wallace in the First War of Scottish Independence against King Edward I of England. Stirling Castle stands high on a volcanic rock and has been one of the most important castles in Scottish history. For hundreds of years, it was both a royal home and a strong military fortress. Many Scottish kings and queens lived here, and it played a key role in the country's fight for independence.

One of the most famous events connected to Stirling Castle is the Battle of Stirling Bridge in 1297. Scottish leader William Wallace used the narrow bridge to defeat a much larger English army. His clever tactics led to a major Scottish victory and made him a national hero.

Inside the castle, visitors can explore beautifully restored royal apartments and the grand Great Hall, where kings once held feasts and celebrations. Mary, Queen of Scots, was crowned at Stirling Castle in 1543 when she was just a baby. Today, the castle still tells the story of Scotland's royal past through exciting exhibitions, guided tours, and re-enactments.

Day 3 – Wednesday, 9 July 2025

Scottish Art & Culture

Bagpipe Masterclass and Dance Workshop, National Gallery and Royal Botanic Gardens

	Destiny Student	Breakfast	Included	
09:00	Abbeyhill Edinburgh	Departure	Walk to Charteris Centre, Edinburgh	
09:30	Charteris Centre Edinburgh	Arrival	Bagpipe Masterclass & Ceilidh Dancing Workshop with Roddy the Piper 2x 55 minutes sessions with two groups of 14 www.roddythepiper.com	Roddy the Piper
12:00	Old Town Edinburgh	Lunch	Not included	
13:30 - 15:00	The Mound Edinburgh		National Galleries of Scotland	National Galleries Scotland
			Free time	
	Edinburgh	Dinner	Not included	

Bagpipe Masterclass and Ceilidh Dancing



What you need for a bagpipe workshop:

- A lot of puff
- Some water
- A sense of humour, cunning and perseverance

Learn how to Scottish dance with one of our fun and interactive Scottish dancing workshops!

National Galleries Scotland



Home to world-class international and Scottish art from 1300 to 1945. Immerse yourself in this breath-taking art collection. Experience paintings by internationally renowned artists such as **Vermeer**, **Titian**, **Rembrandt**, **Velázquez and the Impressionists**.



The Monarch of the Glen by Edwin Landseer.

Explore the newly opened Scottish galleries where you can encounter the very best of **Scottish art from 1800 to 1945**. Marvel at spectacular views over Edinburgh and discover the work of pioneering artists such as William McTaggart, Anne Redpath, Phoebe Anna Traquair, Charles Rennie Mackintosh and the Glasgow Boys.

Day 4 – Thursday, 10 July 2025

1-Day Tour St Andrews and St Andrews

	Destiny Student	Breakfast	Included	
08:30	Abbeyhill Edinburgh	Departure	Passenger pick-up 1-Day Tour with Timberbush Tours www.timberbush-tours.co.uk	TIMBERBUSH TOURS
10:00	Taste Perthshire	Arrival	Highland cows photo stop (20 min)	
11:10	Glamis Castle	Arrival	Visit (2 hours)	
13:10		Departure		
14:10	St Andrews	Arrival Lunch	Free time for walk and lunch, optional visit to St Andrews Cathedral or/and Castle (2 hours 45 min) Individual lunch (not included)	
16:55		Departure		
17:35	Elie	Arrival	Elie – photo stop (20 min)	
17:55		Departure		
19:30	Abbeyhill Edinburgh	Arrival	Passenger drop-off	
20:00	Edinburgh	Dinner	Included	



Glamis Castle - A Royal Childhood, Castle of Legends



Glamis Castle is one of Scotland's most beautiful and historic castles. Located in Angus, it has been the home of the **Lyon family** since the 14th century. The current building dates mostly from the 1600s, but the land and earlier buildings have a much longer history.

Glamis is best known as the **childhood home of Lady Elizabeth Bowes-Lyon**, who later became **Queen Elizabeth**, **The Queen Mother**. Her daughter, **Princess Margaret**, was even born at the castle in 1930. The

MACBETH

So foul and fair a day I have not seen. BANQUO

How far is 't called to Forres?—What are these, So withered, and so wild in their attire, That look not like th' inhabitants o' th' Earth

And yet are on 't?—Live you? [...]

MACBETH

Speak if you can. What are you? FIRST WITCH

All hail, Macbeth! Hail to thee, Thane of Glamis! SECOND WITCH

All hail, Macbeth! Hail to thee, Thane of Cawdor! THIRD WITCH

All hail, Macbeth, that shalt be king hereafter!

Macbeth, I, iii

castle was also used as a military hospital during World War I.

But Glamis Castle is much more than just a royal home. It is full of legends and dramatic stories. In Shakespeare's play *Macbeth*, the title character is called **Thane of Glamis**, although the real Macbeth never lived there.

In the 1500s, **Lady Janet Douglas of Glamis** was accused of witchcraft and burned at the stake — a dark chapter in the castle's history.

St Andrews – History, Golf, and Learning by the Sea





The St Andrew's Cross is the national flag of Scotland. The cross represents Saint Andrew, the patron saint of Scotland, who is said to have died on an X-shaped cross.

According to legend, a Scottish army was said to have seen a white cross in the sky before winning a battle. Believing it to be a sign from Saint Andrew, they adopted the cross as their symbol. St Andrews is a small historic town on the east coast of Scotland, in the region of Fife. It is **named after Saint Andrew**, **the patron saint of Scotland**. In the Middle Ages, it became the religious centre of the country, and its cathedral — now a dramatic ruin — was once the largest church in Scotland.

Today, St Andrews is famous around the world as the "home of golf." **The Old Course** is one of the oldest and most famous golf courses, and many important tournaments are played there.

St Andrews is also known for its **university, the oldest in Scotland** and one of the top universities in the UK. Founded in 1413, it has a long tradition of academic excellence.

Visitors to St Andrews can explore the ruins of the cathedral, visit the Martyrs' Memorial (which honours people who died during the Reformation), and enjoy the peaceful atmosphere of this historic and cultural town.

Day 5 – Friday, 11 July 2025

Travel Itinerary

Destiny Student Breakfast Included 10:00 Destiny Student Check-out Everyone must check out by 10:00 a.m. at the latest. Luggage can be stored and picked up later. Edinburgh Free time at your disposal 11:30 Destiny Student Meeting point 15 min walk to Picardy Place 11:45 Tram transfer to Edinburgh Airport 12:30 Edinburgh Airport Check-in, baggage drop-off, passport control, and walk to the gate One large suitcase (up to 23 kg) included One small cabin bag/hand luggage included 13:00 Lunch Not included 14:45 Departure easyJet Flight EZS1232 to Edinburgh 17:50 Basel EuroAirport 18:30 Departure Coach transfer to Stans, Dorfplatz	
Luggage can be stored and picked up later. Edinburgh Destiny Student Meeting point 15 min walk to Picardy Place Tram transfer to Edinburgh Airport Check-in, baggage drop-off, passport control, and walk to the gate One large suitcase (up to 23 kg) included One small cabin bag/hand luggage included 13:00 Lunch Not included 14:45 Departure easyJet Flight EZS1232 to Edinburgh Arrival EuroAirport	
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One small cabin bag/hand luggage included 13:00 Lunch Not included 14:45 Departure easyJet Flight EZS1232 to Edinburgh 17:50 Basel EuroAirport Arrival	
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17:50 Basel Arrival EuroAirport	
EuroAirport	easyJet
18:30 Departure Coach transfer to Stans, Dorfplatz	
	RisiCar M. H. Terroda
c. 20:00 Stans, Dorfplatz Arrival	